



# MONTHLY Newsletter

CANADIAN INTERNATIONAL SCHOOL BANGLADESH

Volume 17, Issue 09

June 2021

## Mission

Through the promotion of academic excellence, CISB strives to develop individuals for our society who, through understanding, tolerance, and respect, will help to create a better world community. We aim to create a safe place where children become lifelong learners, where excellence is tempered with compassion, and where success is moderated by spiritual understanding.

## Vision

“Betterment of Self for Society”

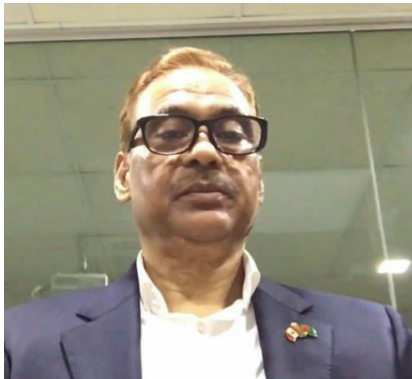
## Graduation 2021



## Important Dates :

August 22 : First day of School for all grades      August 30 : Janmastomi, School closed

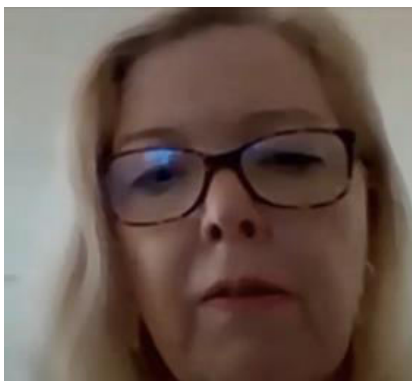
# Our Special Guests



Mohammad Kamal Uddin  
Honorable Chairman  
Canadian International School Bangladesh



Darek Mombourquette  
Honorable Minister of Education  
Government of Nova Scotia



Dr Vera Grayson-Kocay  
Director of International Program  
Province of Nova Scotia



Corinne Petrisor  
Counsellor (Commercial Affairs)  
And Senior trade Commissioner  
High Commission of Canada (Dhaka)



Allqa Ashna Ali, Queen Elizabeth II Medal Winner



Masuma Warda Khan, Valedictorian

# Graduates of 2021



Mahee Saad Rahman



Faiza Rahman Ayesha



Md Affan Alam



Allqa Ashna Ali



Amir Reza



Masuma Warda Khan



Abrar Waez Nasif



Nazowa Chowdhury



Rafia Tasnim Nurin



Anne Sophia Deza Nyemeck



Md Ihsas Mahran Chisty



Naveed Md Ali

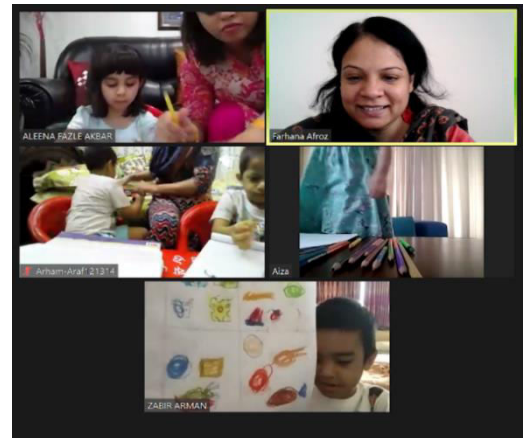


Yasir Abrar

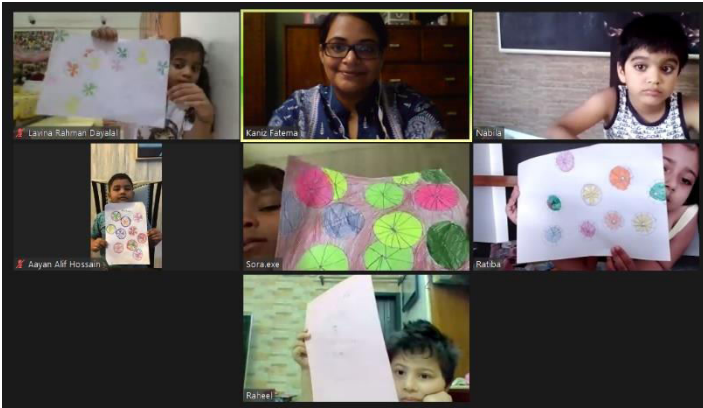


Zahin Alam

# EC-JK



## KG



We can't imagine that it's almost the end of the academic year. We are happy to say that the pandemic didn't stop us from learning, growing, and exploring.

In early June we had a visit from Sam from the I Can Read program to assess our students. The assessment went well

and our students' performance was outstanding. We have covered short and long vowel sounds and diphthongs this year. We used our imagination, writing, and problem-solving skills in writing comprehensions about Father's Love, Rainy Day, Kindergarten Classroom, Good Bye Note, Favorite Holiday Destinations, and Plans for School Break.

Our Kindergarten children learned about two and three-dimensional shapes. We spent a lot of time doing story sum. We have learned to write names of different shapes and did a final review of what we have learned so far in kindergarten.

We learned about healthy foods and making healthy food choices. We learned about the lifecycle of animals, plants and labeling different body parts of plants.

Our little authors wrote and made books about themselves. Those are some excellent masterpieces created by the students.



Good luck to all kindergarten students. The kindergarten class was the first step of your learning journey and you all gave us an amazing performance. We wish you all the success in life.

Grade 2



## Story: The hamster and the dog.

Once upon a time there was a hamster and a dog. They lived in the same apartment with the same owner.

They had to figure out how to live together. The dog accidentally stepped on the hamster and the hamster accidentally got stepped on. It went on day and night. Once their owner left chaos started. Fridge doors started opening, the tv was on and the bath was running. They needed to learn how to live together.

The hamster told the dog that they needed to have their own spaces. The mouse would have the kitchen and dining area while the dog would have the living room and bedroom. The dog agreed and said they would start tomorrow morning. In the morning when their owner left they stayed in their own areas

and everything went well! The owner was so happy she didn't have to clean up after them and that they could live a proper life now.

**Story written by:**

**Arisa Hasin Quoreshi, Gr3**

////////////////////////////////////

## Poem: FRIENDS

Friends Smile at you  
Friend have fun with you  
If you are a Friend  
They Like your Face  
Friends share  
Then you care too  
They want to be with you  
They're Glad when you are Happy  
That's why your Friends  
In any Old Place  
When you are sad, they Care  
Are Glad you are You  
It's Nice to Have a Friend like you  
I Will tell you What I'm going to do

**Poem Written by:**

**Anvir Ahmed Aryan, Gr 3**



## Grade 4

### Story: Wicked Cinderella

Once upon a time in a small town, Cinderella lived a very stable life. Well, at least that's what she'd say as she's always causing trouble! Cinderella was 10 years old at the time and a lot of people feared her. There were 2 reasons. 1. Was because she is always causing trouble. 2. Is because she is the daughter of the king and whoever harmed Cinderella, should be put to jail. Cinderella was lucky for the kind of stepsisters and stepmother she had. Her stepsisters and stepmother were very loyal and respectful. They always took care of Cinderella while on the other hand, Cinderella liked to mess around with them. She would pie them in the face after they had taken a shower, put them in trouble for what they did not do and Cinderella would always have them stay awake at night so that her stepsisters and stepmother were always tired. Cinderella was guilty and everyone thought that nothing could ever change that. People in town tried and tried to get Cinderella to behave but it just never worked! Cinderella was now called 'Wicked Cinderella' and her stepsisters tried to help her a lot. Her stepsisters helped her the most. The king had passed away a long time ago so now, you might be thinking 'Who is in charge of ruling the country and who is in charge of putting Cinderella's enemy into jail?' Well, it was actually the stepmother's duty. Knowing that no one is guilty and unwilling to harm Cinderella, she still had to do what Cinderella asked her to, before she ended up in jail. Anyways, for the past 10 years, there was only one difference in Cinderella's life. She was not as wicked as before but still misbehaved. Her step mother was now 50 and her stepsisters were 30. Cinderella has 10 lessons of kindness in her life and yet she still misbehaves. You probably think that Cinderella was the only bad one, but there was also the prince wicked and disrespectful. Cinderella actually left her whole town, all of her people and all of her things for the prince. And no, this does not end in a happy ending because Cinderella never focused on life and focused on the prince instead. There is no moral to the story but I just want to say 'Respect all people in your surrounding and don't take them for granted like Cinderella did.' The end.

**Written by: Nusrat Jahan Mehak, Gr4**  
.....

### Poem: Holiday Poem

When I went to Cox's bazar  
My mom and dad went with me.  
I saw the ocean and birds flying in the sky.  
I played with water guns and balls.  
I ate a lot of fried foods.  
And I remember that the hotel I was in they were really nice and I played with bubbles on the beach.

**Poem written by: Afrid, Gr4**  
.....

### Poem: Somewhere

One day I went somewhere.  
It was a nice place called Bangkok.  
My family and I went to a hotel.  
There was a swimming pool.  
I went swimming in the pool.  
The sun was bright.  
I ate toast and eggs.  
And I saw a cat passing by.  
It was a nice day.

**Poem written by: Zaira, Gr4**

# Grade 5

## Say No To Unhealthy Food Say Yes To Healthy Food

**A Balanced diet** is the healthy food consists following 6 components

Carbohydrates provide energy for our cells/bodies  
 Protein helps to gain and repair muscles, red blood cells, hair and other tissues  
 Fats and oils keep the nerves and other cells healthy, provides stored energy  
 Minerals help strengthen bones and other body parts  
 Vitamins keep us healthy  
 Water helps cells to work, carry nutrients in the body, flush out waste

**Nutrition Deficiency**  
 Carbohydrates deficiency leads to headaches, fatigue, weakness, constipation  
 Protein deficiency leads to Swelling, flaky hair, skin degeneration, fatigue, infection  
 Fat deficiency leads to Scaly dermatitis, alopecia, abnormality in growth, cholesterol  
 Vitamins deficiency leads to Anemia, loss of appetite, retarded growth  
 Minerals deficiency leads to Vomiting, diarrhoea, excessive thirst, osteoporosis, rickets

**Unhealthy Diet**  
 Diets high in sugars  
 Saturated and trans-fats  
 Low fiber foods and high sugar processed foods  
 High intake of fast food and processed foods  
 Too much intake of carbohydrates and fats  
 Diet is also unhealthy  
 Unhealthy food contributes to various diseases  
 Other health problems  
 Overweight or obese  
 Death during  
 High blood pressure  
 High cholesterol  
 heart disease and stroke  
 type-2 diabetes  
 osteoporosis  
 depression

**Regular exercise**  
 Control weight  
 Reduce risk of heart disease  
 Help body manage blood sugar and insulin levels  
 Improve mental health and sleep quality  
 Strengthen bones & muscles  
 Reduce risk of cancer & reduce risk of falls  
 Improve mood

**Health Food and Regular Exercise**  
 Healthy Life

**Don't put Junk Food on the Plate. If you want to feel Great!**

## HEALTH IS WEALTH

**What is a Balanced Diet?**  
 A balanced diet consists of both forms of nutrient food groups in the right proportion to provide the body with what nutrition the weight loss groups are - carbohydrates, protein, fats, vitamins, minerals and fiber. Carbohydrates are found in foods like - rice, wheat, potatoes, wheat, maize, rice, etc. Protein is found in foods like - eggs, milk, pulses, etc. Fats are found in foods like - oil, butter, ghee, etc. Vitamins and minerals are found in fruits, vegetables, etc. Fiber is found in foods like - whole grains, pulses, etc.

COMPONENTS	FUNCTION	DEFICIENCY
CARBOHYDRATES	It is the main source of energy in the body. It provides energy to the body and helps in the growth and development of the body.	Fatigue, weakness, loss of energy, etc.
PROTEIN	It is the main source of energy in the body. It provides energy to the body and helps in the growth and development of the body.	Swelling, flaky hair, skin degeneration, etc.
FATS	It is the main source of energy in the body. It provides energy to the body and helps in the growth and development of the body.	Dry skin, hair loss, etc.
VITAMINS	They are essential for the body. They help in the growth and development of the body.	Anemia, loss of appetite, etc.
MINERALS	They help in the growth and development of the body.	Osteoporosis, rickets, etc.
FIBER	It helps in the digestion of the body.	Constipation, etc.

**Unhealthy Diet -**  
 An unhealthy diet is one that does not provide the body with the correct amounts of nutrition. It includes overeating of fatty, greasy, bad, salty, sugary, and high-calorie foods. It also includes eating too many processed foods, fast food, and junk food. It also includes eating too many carbohydrates, fats, and sugars. It also includes eating too many calories, which leads to weight gain, obesity, and other health problems. It also includes eating too many processed foods, fast food, and junk food. It also includes eating too many carbohydrates, fats, and sugars. It also includes eating too many calories, which leads to weight gain, obesity, and other health problems.

### HEALTHY DIET

**Components of a Healthy Diet**  
 A balanced diet should include appropriate portions of cereals, vegetables, fruits, pulses, and fats. It should also include water, which is essential for the body. The diet should be rich in fiber, which helps in digestion and prevents constipation. It should also be rich in vitamins and minerals, which are essential for the body's overall health. The diet should be low in sugar, salt, and fat, which can lead to various health problems. The diet should be varied, which means it should include a wide range of different foods. The diet should be eaten at regular intervals, which means it should be eaten at the same time every day. The diet should be eaten in a relaxed and pleasant environment, which means it should be eaten without any distractions. The diet should be eaten with a glass of water, which helps in digestion and prevents constipation. The diet should be eaten with a smile, which helps in the overall health of the body.

**Unhealthy Diet**  
 An unhealthy diet is one that does not provide the body with the correct amounts of nutrition. It includes overeating of fatty, greasy, bad, salty, sugary, and high-calorie foods. It also includes eating too many processed foods, fast food, and junk food. It also includes eating too many carbohydrates, fats, and sugars. It also includes eating too many calories, which leads to weight gain, obesity, and other health problems. It also includes eating too many processed foods, fast food, and junk food. It also includes eating too many carbohydrates, fats, and sugars. It also includes eating too many calories, which leads to weight gain, obesity, and other health problems.

**What Might the Deficiency of Vitamins Cause?**  
 Deficiency of vitamins can cause various health problems. For example, deficiency of vitamin A can cause night blindness. Deficiency of vitamin B can cause beriberi. Deficiency of vitamin C can cause scurvy. Deficiency of vitamin D can cause rickets. Deficiency of vitamin E can cause neurological problems. Deficiency of vitamin K can cause bleeding disorders. Deficiency of vitamin P can cause heart disease. Deficiency of vitamin Q can cause heart disease. Deficiency of vitamin R can cause heart disease. Deficiency of vitamin S can cause heart disease. Deficiency of vitamin T can cause heart disease. Deficiency of vitamin U can cause heart disease. Deficiency of vitamin V can cause heart disease. Deficiency of vitamin W can cause heart disease. Deficiency of vitamin X can cause heart disease. Deficiency of vitamin Y can cause heart disease. Deficiency of vitamin Z can cause heart disease.

**Healthy Breakfast**  
 Bread, Egg, Fruits

**Healthy Lunch**  
 Rice, Beans, Fish

**Healthy Dinner**  
 Chapati, Rice, Fish

**EAT HEALTHY STAY WEALTHY**

### Balanced Diet Effect

**Unhealthy diet**

**Effect of Balanced Diet**  
 A balanced diet is one that provides the body with the right amount of nutrients. It includes a variety of fruits, vegetables, grains, and proteins. It is low in sugar, salt, and fat. It is rich in fiber, vitamins, and minerals. It helps in maintaining a healthy weight, preventing chronic diseases, and improving overall health. It also helps in improving the immune system, which helps in fighting off infections and diseases. It also helps in improving the digestive system, which helps in preventing constipation and other digestive problems. It also helps in improving the cardiovascular system, which helps in preventing heart disease and other cardiovascular problems. It also helps in improving the respiratory system, which helps in preventing asthma and other respiratory problems. It also helps in improving the nervous system, which helps in preventing depression and other mental health problems. It also helps in improving the reproductive system, which helps in preventing infertility and other reproductive problems. It also helps in improving the endocrine system, which helps in preventing diabetes and other endocrine problems. It also helps in improving the musculoskeletal system, which helps in preventing osteoporosis and other musculoskeletal problems. It also helps in improving the integumentary system, which helps in preventing skin diseases and other integumentary problems. It also helps in improving the circulatory system, which helps in preventing blood clots and other circulatory problems. It also helps in improving the lymphatic system, which helps in preventing lymphoma and other lymphatic problems. It also helps in improving the immune system, which helps in preventing infections and diseases. It also helps in improving the overall health of the body, which helps in preventing various health problems.

**Effect of Unhealthy Diet**  
 An unhealthy diet is one that does not provide the body with the correct amounts of nutrition. It includes overeating of fatty, greasy, bad, salty, sugary, and high-calorie foods. It also includes eating too many processed foods, fast food, and junk food. It also includes eating too many carbohydrates, fats, and sugars. It also includes eating too many calories, which leads to weight gain, obesity, and other health problems. It also includes eating too many processed foods, fast food, and junk food. It also includes eating too many carbohydrates, fats, and sugars. It also includes eating too many calories, which leads to weight gain, obesity, and other health problems.

**AN APPLE A DAY KEEPS THE DOCTOR AWAY!**

**EAT FRESH STAY HEALTHY**

### THE TREE OF NUTRIENTS

**What are the benefits of a healthy diet?**  
 A healthy diet can help in preventing various health problems. It can help in maintaining a healthy weight, preventing chronic diseases, and improving overall health. It can also help in improving the immune system, which helps in fighting off infections and diseases. It can also help in improving the digestive system, which helps in preventing constipation and other digestive problems. It can also help in improving the cardiovascular system, which helps in preventing heart disease and other cardiovascular problems. It can also help in improving the respiratory system, which helps in preventing asthma and other respiratory problems. It can also help in improving the nervous system, which helps in preventing depression and other mental health problems. It can also help in improving the reproductive system, which helps in preventing infertility and other reproductive problems. It can also help in improving the endocrine system, which helps in preventing diabetes and other endocrine problems. It can also help in improving the musculoskeletal system, which helps in preventing osteoporosis and other musculoskeletal problems. It can also help in improving the integumentary system, which helps in preventing skin diseases and other integumentary problems. It can also help in improving the circulatory system, which helps in preventing blood clots and other circulatory problems. It can also help in improving the lymphatic system, which helps in preventing lymphoma and other lymphatic problems. It can also help in improving the immune system, which helps in preventing infections and diseases. It can also help in improving the overall health of the body, which helps in preventing various health problems.

**What are the benefits of a healthy diet?**  
 A healthy diet can help in preventing various health problems. It can help in maintaining a healthy weight, preventing chronic diseases, and improving overall health. It can also help in improving the immune system, which helps in fighting off infections and diseases. It can also help in improving the digestive system, which helps in preventing constipation and other digestive problems. It can also help in improving the cardiovascular system, which helps in preventing heart disease and other cardiovascular problems. It can also help in improving the respiratory system, which helps in preventing asthma and other respiratory problems. It can also help in improving the nervous system, which helps in preventing depression and other mental health problems. It can also help in improving the reproductive system, which helps in preventing infertility and other reproductive problems. It can also help in improving the endocrine system, which helps in preventing diabetes and other endocrine problems. It can also help in improving the musculoskeletal system, which helps in preventing osteoporosis and other musculoskeletal problems. It can also help in improving the integumentary system, which helps in preventing skin diseases and other integumentary problems. It can also help in improving the circulatory system, which helps in preventing blood clots and other circulatory problems. It can also help in improving the lymphatic system, which helps in preventing lymphoma and other lymphatic problems. It can also help in improving the immune system, which helps in preventing infections and diseases. It can also help in improving the overall health of the body, which helps in preventing various health problems.

**What are the benefits of a healthy diet?**  
 A healthy diet can help in preventing various health problems. It can help in maintaining a healthy weight, preventing chronic diseases, and improving overall health. It can also help in improving the immune system, which helps in fighting off infections and diseases. It can also help in improving the digestive system, which helps in preventing constipation and other digestive problems. It can also help in improving the cardiovascular system, which helps in preventing heart disease and other cardiovascular problems. It can also help in improving the respiratory system, which helps in preventing asthma and other respiratory problems. It can also help in improving the nervous system, which helps in preventing depression and other mental health problems. It can also help in improving the reproductive system, which helps in preventing infertility and other reproductive problems. It can also help in improving the endocrine system, which helps in preventing diabetes and other endocrine problems. It can also help in improving the musculoskeletal system, which helps in preventing osteoporosis and other musculoskeletal problems. It can also help in improving the integumentary system, which helps in preventing skin diseases and other integumentary problems. It can also help in improving the circulatory system, which helps in preventing blood clots and other circulatory problems. It can also help in improving the lymphatic system, which helps in preventing lymphoma and other lymphatic problems. It can also help in improving the immune system, which helps in preventing infections and diseases. It can also help in improving the overall health of the body, which helps in preventing various health problems.

# Grade 6

**Balanced diet**  
 Components of balanced diet  
 A balanced diet consists of six main nutrient groups: Proteins, carbohydrates, lipids, vitamins, minerals and water.

What is an unhealthy diet?  
 An unhealthy diet is high in sugar, saturated and trans fats, low fiber foods and high sugar drinks contribute to non-communicable diseases.

Diseases caused by unhealthy diet?  
 A healthy diet can reduce the risk of cardiovascular diseases, cancer, diabetes and other conditions linked to obesity. An unhealthy diet is one of the major risk factors for a range of diseases.

Exercise  
 Regular physical activity can improve your muscle strength and boost your endurance. Exercise delivers oxygen and nutrients to your tissues and helps your cardiovascular system, bones and muscles stay strong.

**and Effect of Unhealthy diet**  
 Components of health body?  
 deficiency is the most common component deficiency with frequency estimates between 1 in 1000 to 1 in 20,000 for homozygous deficient patients.

What food components are considered unhealthy when taken in huge quantities?  
 There are many unhealthy food such as: Pizza, fried food, cakes and sugar drinks.

What role does each component have?  
 there are some roles such as: Lifestyle, Wellness, education and lifelong learning, Nutritional wellness and Physical wellness.

**The END!**

**Balanced diet & Effect of Unhealthy Diet on the Body SH&N**

Components of balanced diet  
 The Role of the Components  
 Unhealthy diet

**EAT BALANCED MEALS!**

**PROTEIN FATS VITAMINS MINERALS WATER**

**EAT LESS JUNKFOOD EXERCISE**

BY NAURIAH ISLAM / 40252

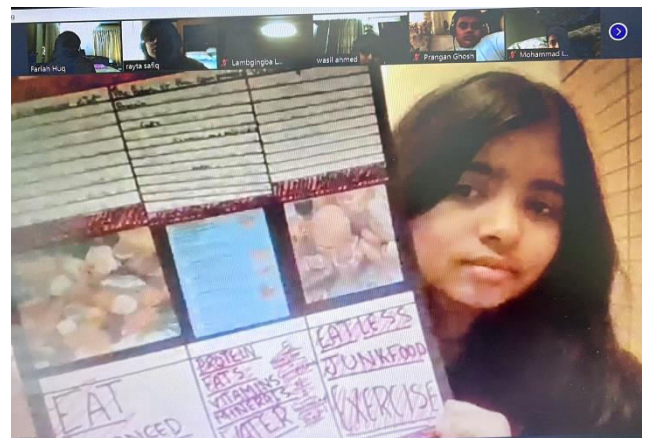
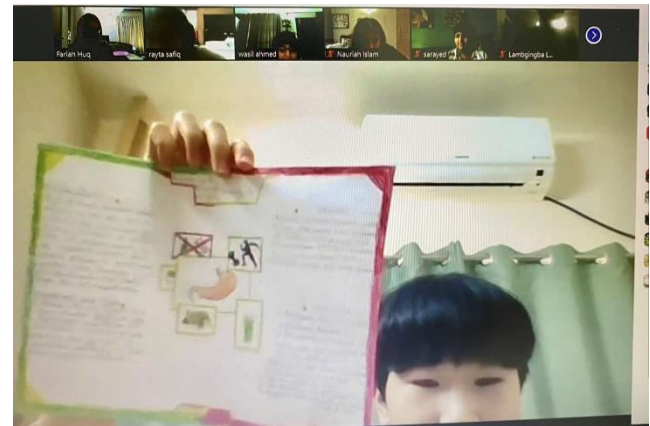
**Benefits and Consequences of Deficiency**

**Balanced Diet**

A balanced diet is balancing out different kinds of food equally to maintain one's health and fitness. A balanced diet consists of 4 food groups: Milk and Dairy, Fruits and Vegetables, Grains and Bread, and Fruits and proteins, and cereals.

**UNHEALTHY**

Junk food is...





Dear Students,

This year has been very challenging for human civilization owing to the universal pandemic, Covid19. However, we raised a toast to the occasion and accommodated ourselves to face the pandemic. It was indeed a blessing in disguise, while on one hand, Covid19 posed various challenges for us in terms of health, social life and on other hand it introduced us to the “*Virtual World- A New Normal*”, provided us with the opportunity to utilize the technology at the fullest and hone our skills. We all can agree that in terms of the acquisition of the skills and the knowledge, we did not lag behind even in the online mode.

The most striking observance is that you all adapted yourself enthusiastically and in good spirits. The results, both curricular and extra-curricular are a strong testament to it. We understand that you all surely missed being with your friends in classroom, having the chit-chat sessions, cherishing the break times, but what matters is, we did not miss an entire academic year and our study sessions were not hampered. It gives us such an immense pleasure and indeed a proud moment that you all have graduated with flying colors!!

As the year comes to a good end, let us appreciate all the accomplishments in altogether a new mode in terms of Virtual Arts, Music, recognition ceremonies. We virtually celebrated Shahid Diwas, Pahela Boishakh, Mother’s Day, end term class parties and many more such celebrations. We all learned the virtues of resilience, empathetic towards life, adaptable amongst many other virtues. Together, we made the most out of the year!

Yours parents and CISB family is extremely proud of you. We have strived to provide you all with the holistic education and environment in the best possible way by organizing school programs, activities and our hearts are filled with appreciation and gratitude by your participation.

Heartfelt thanks and gratitude towards the dedicated staff of CISB who made it possible through their hard-work by discovering new techniques and strategies on day-to-day basis to ease the learning process in the online mode. A shout-out goes out to the parents, who made your home, your school while juggling the work at home and also devoting the time and effort to teach and support you in your endeavors.

This is not the end to the learning experience, we have designed several entertaining and exciting, fun filled upcoming activities for you all:

**SUMMER SCHOOL** is offering six weeks’ summer activities, phonics program, story-telling, Art and Crafts, Music, Fun sports and Special Individual Swimming Lesson.

Lastly, my compliments to the graduates of the class of 2021, and good luck for the new phase of life which will surely provide opportunities and learnings in coming years.

With this optimism, we look forward to welcome the coming academic year ahead and embrace all the challenges with confidence, steadfastness and fortitude. An optimist sees the opportunity in every difficulty but a pessimist sees the difficulty in every opportunity.

I would like to thank everyone for their patience, enthusiasm, and support and wish you and your family good health and good spirits. Always make good choices, think before you speak and respect yourself and others. Treat everyone the way you want to be treated.

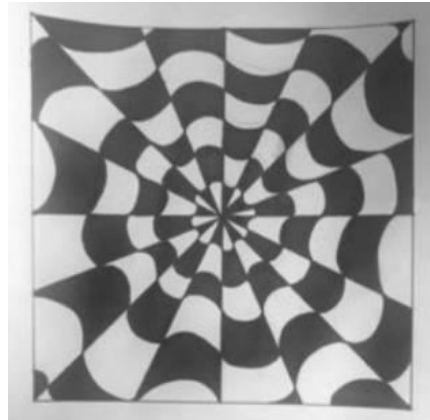
Have a happy, safe and healthy summer vacation. Remember to read every day! Please remember to stay safe and well. With all blessing, Good Luck!!

Sincerely Yours,  
Jaya  
Elementary Coordinator

## HS-Grade 9 Art Work



Furnishing Artwork by Alisha Ashna Ali



Illusion Artwork by Amaranta Milon Isadora



Art Pattern by Smridhi



Caricature Artwork by Rahat Khan



Owl and flour Artwork by Protiva Wahed



Fun with word Artwork by Rowhin Tasbi Hossain

## Happy June 2021 and End Of School Year

### Miss Janice

It is hard to believe that the semester/year is coming to an end. There will be much excitement in families of the Grade 12 students I had the pleasure of teaching, some for the entire year. They are a wonderful group of young adults and will go out into this world and certainly make a positive difference in the future. As for the grades 9 and 11, they too are a fabulous group of students and young people. During class there was great discussion and sometimes disagreements, but the enthusiasm and deep thinking that was brought out at these times was amazing. When it is time for these groups to move on from High School, they too will be contributing assets to our future communities and world.

In **Sociology** the group spent the last couple of months discussing and learning about the various theories on human development and how socialization is key to making an impact on a person's identity. They discussed how societies have changed in their social structure and the reason for these changes as well as how societies keep stability in times of change. We discussed groups and the impact the concept of groupthink can have on individuals as well as groups of people working together on projects. Within this topic we explored the idea of cults, social interaction and the social institutions that mold our communities in the world. At the last we watched some song videos on Sociological issues and discussed their relevance. This was a fabulous group to work with and I wish all of them the very best next year.

In **Citizenship**, we finished our discussion of the financial responsibility of us as citizens and then spent the next two months of class exploring digital citizenship. During this time, we went from the very general in terms of what it means, how media affects the way people think, the sharing of information that becomes permanent data out in the cyber world, to the concept of our digital footprint and what needs to happen to protect our online reputations. The students ended the unit with a project that involved them creating a digital matrix for their school and a collage of the concept. This group also was a pleasure to work with throughout the year and all of them were wonderful at participating and sharing their thoughts and ideas. I wish them all the best next year.

### Some examples of the fabulous work I received:

Assignment Sociology: In your own words, describe the relevance the song videos we watched had to our study of sociology this semester.

**Ans:** In my view, the message behind Michael Jackson's songs, such as "They Don't Care About Us" and "Heal the World," provided a voice to those who are victims of terror and hatred across the globe. As a result, his songs revolutionized the way in which music is produced and promoted in all kinds of media today. He addressed factors, including racial prejudice, victims of terrorist attacks, gender, and religion. In sociology, we learned about the significance of how people make a difference in society with their social values and behaviors to bring about change in the long run about the above-mentioned factors. Hence, I believe that the songs that Michael Jackson wrote were highly effective among other artists who wished to inform the masses about the injustices that happen within society. An example of his songs playing a major role was seen very recently in the United States and the United Kingdom, where thousands of people marched on the streets to support the "Black Lives Matter" Movement while singing "They Don't Care About Us." As I see it, for the present and upcoming generations, such instances demonstrated the power behind the singer's words and its ability to encourage several people with the same message by using their voice.



## Junior Campus Visit







We are an IB candidate School

### **The International Baccalaureate Diploma Program at CISB**

We have continued to move forward towards gaining IB accreditation over the past few weeks. It is a team effort as teachers and administrators upgrade their skills and our school facilities to meet the IB standards. Teachers are assisting with the process, taking training, reviewing policies, making suggestions about how we can move forward in various areas. At the moment, I'm re-writing some policies to a higher standard. We have had one preliminary meeting with parents of Grade 10 students interested in switching tracks to the IB graduation option. While IB may not be appropriate for all students, for those who fit its learning style it can be a very valuable 2 years that can bring benefits from university studies to mature adult life.

Should any parent whose child is being considered for IB wish to take part in the policy revisions, please send me a note and I'll reply with some of the latest policy creations. As in all other aspects of the CISB experience, we welcome parents to our team.

We expect to apply for the accreditation inspection within the next two months. While I may be required to travel to deal with a family health emergency before this event, my absence should not appreciably slow the process. To date, we appear to be on schedule for commencement of IB in August 2021.



Covid Pandemic that has not changed is the difficulty we now have in making plans for the future. We just don't know what tricks this disease will play on our nation tomorrow, but we do know that re-opening the schools this March 30th is no longer a good idea. Government has decided to open school on May 23, 2021. For now, I would advise all adults who are eligible for vaccinations to do so as soon as possible. We are all in this together, and the only way out is to each do our part.

On a holiday trip to the north of Bangladesh I was struck by two realities. One was that the beauty of Bangladesh cannot be denied. The second was that facemasks and social distancing were almost 100% absent amongst the populations. The people were incredibly friendly, and while most lived a hard life and lacked material comforts that we in the city take for granted, their warmth and happiness was contagious. But I do worry that something else may be contagious, and the campaign to defeat it has not made a mark. As a result, we are all at risk.



The spring holiday was very welcome and gave us all a much-needed break. Some of our teachers and students were able to travel to new destinations around the country, but I'm sure the most enjoyable aspect of the break was just being away from Zoom for a while. However, I did notice that many students were more than happy to get back into the Zoom routine as the week wore on.

While online instruction is not great, it does seem to be doing the job effectively. It's much more difficult for the teachers to help students understand, and it's incredibly difficult for teachers to keep their lessons interesting in this format. Preparation time is also significantly higher for Zoom lessons than for the classroom. Still, students are learning, and recent test scores indicate that most students are doing a good job as they progress. As much as anyone, teachers long for a return to normalcy, a return to their classrooms. I know our students do too, and we'll get there as soon as it's safe to return.

Thank you.  
Douglas A. Roy  
Principal



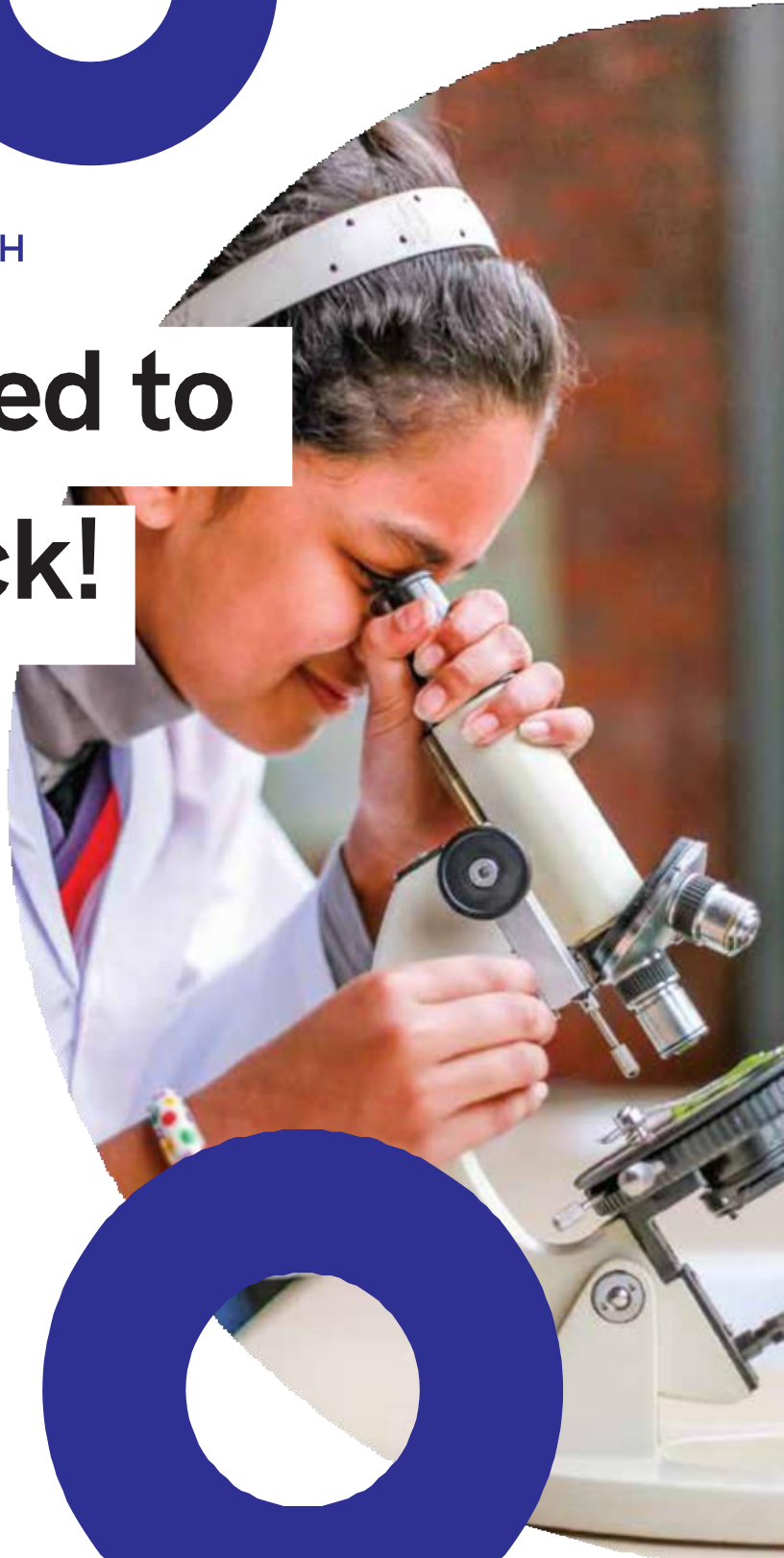
CANADIAN  
INTERNATIONAL  
SCHOOL BANGLADESH

# We are excited to have you back!

## A NEW YEAR DEFINITELY MEANS A NEW US

Here are some things to look out for in our brand new Junior and Elementary School campus

- The same trusted Canadian curriculum. The possibilities are limitless.
- Highly qualified and certified teachers
- An incredible unconventional learning environment
- An extensive library with resource filled classrooms
- A playground, indoor swimming pool and multipurpose hall



FOR ADMISSION INQUIRIES

CALL US AT

01841461000



# CANADIAN INTERNATIONAL SCHOOL BANGLADESH

# LET US HELP YOU TO GO CANADA

WITH A 100% STUDY VISA SUCCESS RATE TO DATE, WE ARE PROUD TO BE ABLE TO SEND MANY OF OUR BRIGHT STUDENTS TO CANADA FOR THEIR HIGHER EDUCATION

**YOUR FUTURE COULD  
START WITH US**



## OUR ADVANTAGES

- THE CISB HIGH SCHOOL DIPLOMA IS RECOGNISED AND ACCEPTED BY ALL UNIVERSITIES IN CANADA
- NO REQUIREMENT FOR LANGUAGE TESTING SUCH AS IELTS AND TOFEL FOR CANADIAN UNIVERSITIES
- OUR ALUMNI HAVE ATTENDED UBC, UNIVERSITY OF TORONTO, UNIVERSITY OF WATERLOO, SIMON FRASER UNIVERSITY AND MANY OTHER INSTITUTIONS AROUND THE WORLD (JAPAN, USA, UK, MALAYSIA, AUSTRALIA, BANGLADESH)

## CONTACT US

Senior Campus  
Plot 110, Road 27, Block A, Banani  
Dhaka 1213

Junior Campus  
Plot NE(B)-3B, Road 74, Gulshan 2  
Dhaka 1212

+88 01841 461 000

+88 01841 461 999

[www.canadaeducationbd.com](http://www.canadaeducationbd.com)